



Trustees, Associate Trustees, and Staff of the Baptist Health Foundation of San Antonio

## OUR MISSION

Baptist Health Foundation of San Antonio is committed to improving the health of our community by fostering and funding clinical, educational, spiritual and scientific initiatives while honoring God and our Baptist heritage.

*This service that you perform is not only supplying the needs of God's people but is also overflowing in many expressions of thanks to God.*

2 Corinthians 9:12

## WHO WE ARE

The Baptist Health Foundation of San Antonio was incorporated in 2004 to distribute grants annually to not-for-profit organizations which provide healthcare services and health education throughout Bexar County and contiguous counties in South Texas.

**Connect with us!**  
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## OUR VISION

Baptist Health Foundation of San Antonio is one of the Lord's conduits to provide spiritual and healthcare services to His people and be a reflection of His presence in the community.

**GIVING 4 HEALTH**

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# GIVING 4 HEALTH



Baptist Health Foundation  
of San Antonio

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## DR. ERNESTO GOMEZ HONORED WITH SPIRIT OF HEALTH AWARD (SEE STORY, PG. 2)



Dr. Ernesto Gomez, Founder and CEO of CentroMed (center) receives the Spirit of Health Award from Dr. Dowell Loftis, Chairman of the BHFSa Board (left), and Cody Knowlton, President and CEO of BHFSa.

## GIVING 4 HEALTH IS OUR PRIORITY. WILL YOU JOIN US?

Thanks for taking time to be informed about the ongoing mission of the Baptist Health Foundation of San Antonio (BHFSa). The Foundation's God-ordained purpose is to make grants every year to nonprofit organizations in the San Antonio area who are providing health care services and health education.

The Foundation was established in 2004 when the Baptist Health System was sold to Vanguard Health Systems. Since our founding, the Foundation has given more than \$61,000,000 to 315 organizations. We give God all the glory for the tremendous impact His funds are having on the residents in

our eight county area.

While the Foundation is able to provide significant support each year, there are always more needs than available funds. Last year, we received \$12,491,373 in requests and were able to give away \$5,704,149.

Would you consider partnering with us by supporting the Foundation through a financial contribution? I encourage you to read the stories contained in this newsletter and think about how you can help further the mission of the Foundation.

As stated in I Timothy 6:18, "Command them to do good, to

be rich in good deeds and to be generous and willing to share."

May we all be found faithful to our calling to be generous and willing to share.

Gratefully,

**Cody S. Knowlton**

President & CEO  
Baptist Health Foundation of San Antonio



## DR. ERNESTO GOMEZ HONORED WITH SPIRIT OF HEALTH AWARD



As a young man growing up in San Antonio's West Side, Ernesto Gomez was a leader who had a strong desire to help his community. He was the thirteenth child of 14 growing up poor in an impoverished and gang-ridden neighborhood in the 1950s.

Today, he is the Founder and CEO of CentroMed, an accredited Federally Qualified Health Center that has been serving the San Antonio community for more than 40 years. It is his dedication and commitment to providing San Antonio's underserved communities that has earned him the respect and admiration of many, including the BHFSa. Last year, BHFSa bestowed its highest honor – the Spirit of Health

Award – to Ernesto Gomez, Ph.D., in recognition of his service to San Antonio. CentroMed began as a family counseling program for low-income residents called El Centro del Barrio. It has since grown to 24 service sites in Bexar and Comal

*“Dr. Gomez truly exemplifies the spirit of health in our community.”*

—Cody Knowlton, BHFSa President & CEO

counties providing health care to more than 78,000 unique patients a year. Of those, some 47 percent lack insurance and 38 percent of patients are children or youth.

Dr. Gomez earned his Doctorate

of Philosophy from the University of Texas at Austin, and his Master's and Bachelor's degrees in Social Work from Our Lady of the Lake University. He is very active in the community and serves on numerous boards of directors for local organizations. Dr. Gomez and his wife, Judy, have four children and four grandchildren.

He joins a list of esteemed past recipients of the Spirit of Health Award including Lindsey Painter, a New Braunfels teacher who donated a kidney to one of her students; Fernando Guerra, M.D., former Director of Health for the San Antonio Metropolitan Health District; George Gaston, Ph.D., retired Vice President of Mission and Ministry for Baptist Health System; and Jim Potyka, M.D., a former Baptist Health System Emergency Department Physician.

## \$5.7 MILLION FROM BHFSa AIDS WORTHY CAUSES IN 2016

In 2016, BHFSa awarded 88 grants totaling more than \$5.7 million to numerous worthy organizations and programs. Listed are a few of those receiving funds.

### • \$13,500 to Baptist Health System Clinical Pastoral Education

Accredited by the Association of Clinical Pastoral Education, Inc. (ACPE, Inc.) in 1961, BHS Clinical Pastoral Education provides units of CPE for all three levels of CPE, (Level I, II and Supervisor Education). ACPE educates pastoral professionals and

selected lay persons for ministry in hospitals, hospices, nursing homes, mental health centers, congregations and in other specialized settings. Through CPE, students develop skills and understanding to serve people at crossroads in their lives. Some are dealing with serious illnesses, some are aging or facing new challenges; others are dealing with end of life decision making for themselves and on behalf of their loved ones.

### • \$114,000 to South Texas Children's Home Ministries for family counseling and support

STCH Ministries (originally South Texas Children's Home) is a faith-based, nonprofit organization that has been caring for children and families since 1952.

Their goal is to minister to children and their families with God's love. Services are provided through the generous support of churches, private donors, and foundations and they anticipate

opening additional counseling offices and “Jobs for Life” programs in San Antonio and Houston in the next five years.

The organization offers a unique approach to counseling with an integrational style and combining scripture in the experience.

This approach creates a connection with the client in a non-judgmental way. The organization sees permanent, lasting change in the lives of their clients. Counselors use the foundation of the word of God and the breakthroughs achieved through psychoanalysis to understand in a very fundamental way the underlying needs of their clients.

- Homes for Children who need care while their family is in crisis
- Homes for Families for single moms and their children
- Family Counseling services for individuals, couples, and families sorting through the challenges of life



Cody Knowlton (right) presents Rev. Mark Hart, Director, Baptist Health System Clinical Pastoral Education, with a grant check.



Cody Knowlton (right) presents Dr. Marion Jewell, President of the Baptist School of Health Professions, with a grant check.

- International Ministry to children and families in the Dominican Republic
- Jobs for Life to enhance job skills and spiritual growth
- Faith & Finances to teach biblical principles of money management
- Family Support to connect needs of families with resources
- Pastor Care to serve those who are always serving others
- Ministry Consulting to share expertise and resources with other ministries

### • \$586,800 to Baptist Health System School of Health Professions for health education scholarships

The Baptist School of Health Professions is a baccalaureate degree-granting institution and the premier education component of the Baptist Health System. The Baptist Health

System School of Health Professions is comprised of the following academic departments and the Bruce A. Garrett Medical Library:

- Baccalaureate Nursing
- Health Information and Management
- Medical Imaging Technology
- Professional Nursing
- Surgical Technology
- Vocational Nursing
- General Education and Online Studies



### • \$26,000 to Texas Baptist Men for disaster relief across Texas and the U.S.

The mission of Texas Baptist Men is to assist Texas Baptist Churches as they lead men into a “Love” relationship with Jesus Christ that will thrust them and their families into a lifestyle of mission and ministry that fulfills the Great Commission. Texas Baptist Men operates in cooperation with the Southern Baptist Convention:

Baptist General Convention of Texas and associations; Southern Baptists of Texas and associations; and with other Great Commission Christians. Texas Baptist Men is a 501-C3 non-profit organization. The funds will support the emotional and spiritual needs of individuals displaced during disasters with building and rebuilding as well as hot meals, chaplains and other relief needs.

### • \$100,000 to Project MEND

Project MEND is committed to improving the quality of life for individuals with disabilities and illness through the refurbishment, reuse and distribution of medical equipment and other assistive technology. Funds will be used to provide refurbished medical equipment and assistive technology services to disadvantaged individuals living in the Bexar, Atascosa, Wilson, Guadalupe, Comal, Kendall, Bandera and Medina counties.



For the full list of grant award recipients, visit [www.bhfsa.org](http://www.bhfsa.org).

## NEW GIVING OPTION: IRA CHARITABLE ROLLOVER

Are you looking for a way to help further the mission of the BHFSa? If you are 70½ or older, you may be interested in a way to lower the income and taxes from your IRA withdrawals. An IRA charitable rollover is a way you can help improve the health of San Antonio and benefit this year.

Benefits of an IRA charitable rollover:

- Avoid taxes on transfers of up to \$100,000 from your IRA
- Satisfy your required minimum

distribution (RMD) for the year

- Reduce your taxable income, even if you do not itemize deductions
- Make a gift that is not subject to the 50% deduction limits on charitable gifts
- Help improve the health of San Antonio through the work of the BHFSa

\*\*Please note that IRA charitable rollover gifts do not qualify for a charitable deduction



If you have questions, need more information, or would like to expedite an IRA charitable rollover, please contact the Foundation Office at 210-735-9009 or email at [info@bhfsa.org](mailto:info@bhfsa.org).